



CHEF'S WEEKLY HOT LUNCH

MENU

August 25th - August 28th

WEEKLY LUNCH MENU	
MONDAY	FOCACCIA Sicilian Style Pizza. Artichoke, Olive, Fresh Tomato, Mushroom
	Pizza Day Marinated Chickpea Salad. Pickled Peppers, Mint, Basil, Chile Vinaigrette
	Marinated Heirloom Tomatoes. Basil, Oregano, Honey, Sherry, Olive Oil
	Baby Romaine "Caesar". Pickled Zucchini. Caesar Dressing (Vegan)
TUESDAY	MEXICAN Turkey Albondigas. Smoked Paprika & Charred Onions
	Mealball Bean Enchiladas. Heirloom Red Beans, Charred Tomato Salsa
	Tuesday Grilled Zucchini. Cumin, Garlic, Oregano
	Jicama Salad. Avocado Caesar, Cilantro & Fried Capers
WEDNESDAY	CHINESE General Pearl Chicken // General Pearl Tofu. Guajillo Sweet & Sour
	Chicken Fried Rice. Snap Peas, Carrots, Cauliflower, Cilantro, Scallion
	Wednesday Charred Broccoli. with Miso Mustard, Grilled Onions
	Mixed Green Salad. Radish, Carrot, Sunflower Seed, Citrus Vinaigrette
THURSDAY	HAWAIIAN Hawaiian Shrimp Truck Day. Garlic Sauteed Shrimp
	Shrimp Marinated Maitake Mushrooms. Sweet Sesame & Soy, Scallion
	Truck Sticky Rice Pilaf. Wild Rice, Brown Rice, & Jasmine
	Day Mixed Greens. Pickled Onions & Passion Fruit Vinaigrette. Cider Vinegar, Olive Oil, Avocado Oil
	Mac Salad. Macadamia Nuts, Lime Aioli, Pickled Carrot

Friday Menus available by request- Weekly Chef's Choice Menu

We do a rotating assortment of popups, including Smash Burgers, Tacos, even Breakfast.

Subject to Change- Requests Available
Vegan & Vegetarian Options Plentiful
100% Seed Oil Free / 100% Gluten Free

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WEEKLY LUNCH MENU

September 1st - September 4th

WEEKLY LUNCH MENU	
MONDAY	RAMEN Miso Mushroom Ramen. Grilled Portobello, Scallion, White Soy
	Shamen Sesame Roasted Bok Choy
	Charred Broccoli. Guajillo Chili, Garlic, Cider Vinegar, Sweet Onions
	Grilled Asparagus Salad, Lemon, Parsley, Scallion & Chives
	Greens Salad. Citrus, Sesame & Seaweed, Olive Oil
TUESDAY	POKE DAY Ahi Tuna Poke. Guajillo Chile, Garlic Aioli, Cilantro, Onions, Tamari, Nori
	Tofu Poke. Guajillo Chile, Garlic Aioli, Cilantro, Onions, Tamari, Nori
	Local Mixed Greens. Pickled Hibiscus Onions & Hibiscus Vinaigrette
	Brown Rice. Sesame & Furikake
	Cucumber Salad. Rice Wine Vinegar, Honey, Cilantro & Furikake
WEDNESDAY	HOT & SOUR General Pearl's Shrimp. Guajillo and Cider Sweet & Sour, Honey, Peppercorn
	Shrimp Day General Pearl's Tofu. Guajillo and Cider Sweet & Sour, Honey, Peppercorn
	Marinated Tomatoes. Honey, Basil & Stone Fruit
	Roasted Brussels Sprouts Salad. Creamy Sesame Tahini
	Little Gem Lettuces. Avocado Ranch & Pickled Onion
THURSDAY	THAI DAY Seared Scottish Salmon. Pomegranate Glaze
	Stewed Black Lentil. Coconut Milk, Chiles, Lime
	Curry Roasted Cauliflower. Caper & Taragon
	Mixed Green Salad. Pickled Sweet Onions, Sunflower Seeds, Honey Vinaigrette
	Grilled Green Beans. Thai Basil, Cilantro, Mint, Cashew

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WEEKLY LUNCH MENU

September 8th - September 11th

WEEKLY LUNCH MENU	
MONDAY	MEATLESS Spring Veggie Palaak. Asparagus, Kale, Brussels, Peas & Coconut Milk, Cilantro & Mint
	Indian Monday French Lentil Dahl. Garam Masala, Tomato & Fried Garlic
	Basmati Rice. Saffron & Olive Oil
	Spinach Salad with Dried Cranberry and Pomegranate Vinaigrette
TUESDAY	MEXICAN Roasted Mexican Shrimp. Braised in Charred Tomatillo, Garlic
	Shrimp Heirloom Rio Zape Bean Salad. Pickled Zucchini, Sweet Onions & Lime Juice
	& Grits Day Heirloom Corn "Grits". Polenta, Butter, Gouda, Garlic
	Spicy Carrot Salad. Pickled Fennel Saffron Vinaigrette, Cilantro
	Roast Corn Salad. Onion, Cilantro & Lime
WEDNESDAY	GREEK Grilled Yogurt Marinated Chicken. Dijon, Rosemary & Garlic
	Chicken Baked Falafel. Tzatziki, Pickled Zucchini Dill, Mint, Yogurt
	Souvlaki Couscous Salad. Olive Oil, Lemon Juice, Garlic, Mint
	Baby Romaine Leaves. Saffron Marinated Golden Beets, Chickpeas & Hummus
	Warm Pita Bread
THURSDAY	FEAST Oven Roasted Cod // Tofu. Lemon, Garlic, & Chives
	of The Fishes Kale Salad. with Farro
	Cauliflower Risotto. Parmesan, Peppercorn, Creme Fraiche
	Roasted Broccoli Chimichurri

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WEEKLY LUNCH MENU

September 15th - September 18th

WEEKLY LUNCH MENU	
MONDAY	MEATLESS Chilled Soba Noodles. Furikake, White Soy, Brussels Sprouts, Napa Cabbage
	Japanese Tandori Style Tofu. Onions, Turmeric, Garlic, Paprika
	Noodle Day Sesame Roasted Asparagus. Fried Garlic, Grilled Portabello Mushroom
	Arugula Salad. Miso, Cilantro & Ginger Vinaigrette
TUESDAY	OAXACAN Adobo Salmon. Mild Smoked Chile Glaze
	Adobo Salmon Grilled Corn Salad. Pickled Red Peppers
	Cilantro & Lime Rice. Olive Oil, Aleppo & Garlic
	Golden Beet & Carrot Salad. Cilantro, Scallion & Pasilla Chili Vinaigrette
WEDNESDAY	PASTA DAY Gluten Free Penne Pesto Pasta. Garlic, Olive Oil, Kale, Parmesan
	Rigatoni in House Marinara. Basil & Sherry
	Gluten Free Foccacia
	Grilled Eggplant Parmesan. Cornstarch, Olive Oil, Tomato, Garlic, Mozzarella, Parmesan
	Grilled Chicken Parmesan. Cornstarch, Olive Oil, Tomato, Garlic, Mozzarella, Parmesan
THURSDAY	DELI Turkey Wraps. Arugula, Carrot, Cranberry, Honey Dijon
	Day Tofu Wraps. Arugula, Carrot, Cranberry, Honey Dijon
	Avocado Slaw. Napa, Onions, Carrot, Celery Seed, Caper, Dijon, Cider Vinegar, Chia Seed Dressing
	Cous Cous Salad. Sundried Tomatoes, Fresh Tomatoes, Olives, Garlic, Olive Oil
	Ecology Center Salad. Roasted Squash, Pickled Zucchini, Truffled Honey Mustard

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